



POLIKLINIKA TERME

— SELCE - RIJEKA —

POST-COVID PROGRAMS

*Relax, recover and get back to your top form
with our professional help and benefits of the Mediterranean
climate at the Crikvenica Riviera which is
source of health for more than 130 years!*



- Examination by a physiatrist specialist
- Hypobaric therapy x3
- Magnetotherapy x3
- Head and neck acupressure x3
- Full body massage x2
- Isokinetic training under the supervision of a kinesiologist x3
- Exercises in the sea and at the beach
under the supervision of a kinesiologist x2
- Final examination by the specialist with recommendations

TOTAL 3.019,00 HRK

3 days program



6 days program

- Examination by a physiatrist specialist
- Hypobaric therapy x5
- Head and neck acupressure x3
- Full body medical massage x3
- Magnetotherapy x6
- Microcurrent back massage CACI x3
- Electrotherapy x6
- Myofascial release (MFR exercises) x3
- Medical fitness under the supervision of a kinesiologist x5
- Exercises in the sea and at the beach under the
supervision of a kinesiologist x3
- Final examination by the specialist with recommendations

TOTAL 5,813.00 HRK

Poliklinika Terme, Selce

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Mediterranean Source of Health